



Willunga Football Club Junior Football Philosophy and Policy

1. Introduction

The Willunga Football Club is committed to junior development and the continued success of the Great Southern Football League (GSFL). We are also aligned to the SANFL and AFL philosophies of maximising participation and fun in community football.

2. Purpose of Our Policy

The main objective of our Junior Football Philosophy and Policy is to ensure ongoing junior player development and participation for all members of the Willunga Football Club in a fair and equitable manner. We believe that by creating the conditions for all players to thrive we are building a strong foundation for individuals, the club and the community. We recognise that a more traditional approach of prioritising wins over player development has been detrimental to the culture we are trying to create at Willunga Football Club.

This philosophy and policy also recognises and values the importance of high quality coaching. This will lead to better outcomes for our junior players and the club.

3. Philosophy

Our philosophy and policy applies to all junior coaches and registered players.

At Willunga Football Club we aim to develop:

1. Love of Football

Create the conditions for kids to love football

2. Teamwork

Foster positive attitudes towards team sport and understand the requirements of being a team player and being part of a club

3. Skills to Take Part Effectively

Have the football skills to be able to participate and contribute effectively within the team

4. Health and Fitness

Have a knowledge and understanding of the importance of Health and Fitness

4. Agreed Measures to Implement the Policy

- Willunga Football Club Registration Policy (see official policy):
 - Capped numbers to allow opportunities for all players to be developed
- Game day considerations:
 1. All junior players, in all grades, are given the same number of games for the season as other players in the team (where players have fulfilled normal team requirements).
 2. Game day rotations - all players receive a minimum of three quarters of a game.
 3. Moddies, Minis and U13 Girls: Variation is prioritised – players are to learn a number of roles and positions within the team.

4. Junior Colts and U16 Girls: players are provided the opportunity to spend an even amount of time as a Forward, Mid and Back. For example, in an 18 week season they should have six games in each area of the ground.

5. Senior Colts: all players receive an equal amount of games

6. Promotion to a higher age group on game day will only be permitted under the following circumstances:

- If a Senior Colts player is required by the A Grade or Reserves (and permission is granted by parents)
- If the team that they are requested to join does not have enough players to field their own side

• Training:

Variation, game based activities where appropriate, high frequency of touching the ball, focus on specific skill development.

Training is geared to teach aspects of the game; contest, attack and defence.